

LIUNA!

Northwest Region

Feel the Power

NW Region Outline

- 20 Local Unions
 - 5 District Councils
 - 16 Training Centers
 - 47,000 + Members
-
- NW Region Tribal Liaisons:
 - US portion of Region: Lance Ragan
 - Western Canada: Darcie Petuh
 - Local 169: Michael Brady



LiUNA!

Northwest Region *Feel the Power*

Partnerships

Past Present and Future

LiUNA!

Northwest Region *Feel the Power*

Nevada Update

Michael Brady

LiUNA!

Northwest Region *Feel the Power*

Tribal labor agreements (TLA)

- What is a Tribal Labor Agreement
- What are the benefits
 - For the tribal member
 - For the tribe
 - For the unions

What is a Tribal Labor Agreement?

- A TLA is where a Tribe and unions agree that a project(s) are to be done using union contractors.
- A TLA can change job to job it really depends on what the tribe and the unions agree upon before the projects starts.

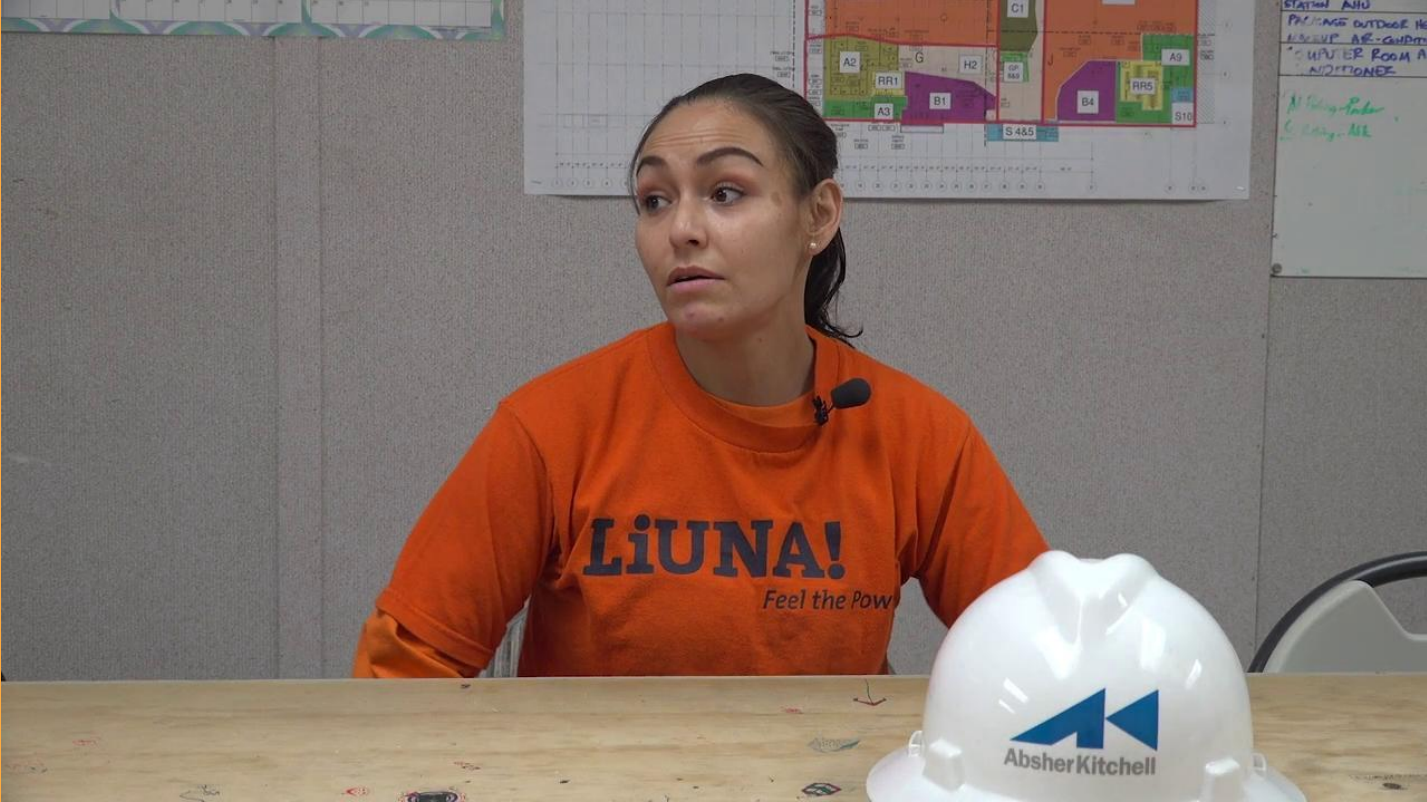
What are the benefits of a TLA

- For the Tribe
 - Helps them invest in their membership and grow a diverse and well trained workforce
 - Will grow their economy with good paying jobs
 - We can really help support projects in the early stages
- For the tribal member
 - It could give the tribal member direct entry into a union of their choice
 - Great pay and benefits for the tribal member
 - Giving opportunity of a career not just a short term job
 - Creating opportunity for a tribal member to join an apprenticeship to learn a new trade
 - They are able to get federally recognized training that will last for the rest of their life
- For the unions
 - More members
 - More work for our contractors
 - Helps create a more diverse workforce

Tribal Recruitment

- LIUNA has worked on creating working relationships with TERO's and tribes around the northwest region
- We have staff that is dedicated to reaching out to tribes for tribal recruitment
- LIUNA has done many training for tribal members and we have brought the training to the reservations so tribal members didn't have to worry about traveling to get their training

Proven Success



Renewable Energy Partnerships

LIUNA can help and be a partner in many ways

- We can be the helping hands to really help projects get approved.
- We can provide workforce for the projects
- We can provide specific training for renewable energy projects
- We can help bridge the gap between the developer and Tribes
- We can help show up in the regulatory process

Sensitivity Topic Warning

This topic may be sensitive for some to hear or be present for

Our partnership with CTER

- On December 5, 2019 LIUNA Northwest Region and Council for Tribal Employment Rights signed a Memorandum of Understanding (MOU) for a partnership in Suicide Prevention and awareness in Indian country and on our jobsites in the northwest region.
- This MOU was renewed early this year on June 27, 2022.
- We have put together a suicide prevention packet that includes variety of information for reach out to anyone needing help.

Suicide Packet Information

- Changes in 2022
 - 35,000 packets ordered for the region
 - 5,000 dedicated indigenous cards added
 - Spanish cards added
 - Post-vention card added for coping
 - Magnet for worksites or home resources



LiUNA!

Northwest Region

Feel the Power

LEARN® SAVES LIVES

Many suicides are preventable.
You can do something.

W FOREFRONT
SUICIDE PREVENTION

intheforefront.org
@intheforefront

L

LOOK FOR SIGNS

- Hopelessness, depression, anxiety
- Feeling like a burden to others
- Social withdrawal, isolation
- Sleep problems
- Alcohol or drug abuse
- Loss, rejection or humiliation

E

EMPATHIZE AND LISTEN

- Remain calm and offer compassion
- Avoid judgement or advice
- When in doubt, just listen
- *"This must be so hard for you."*

A

ASK DIRECTLY ABOUT SUICIDE

- Asking won't put the idea in their mind, instead, it shows you care
- Asking offers them a chance to share their pain
- *"Sometimes when people feel hopeless, they are thinking about suicide. Are you thinking about suicide?"*

R

REMOVE THE DANGER

- Lock up and limit access to medications and firearms.

NEXT LEVEL OF CARE:

N

- Call 800-273-8255, the Suicide Prevention Lifeline 24/7
- Crisis Text Line: Text HEAL to 741741
- Immediate danger? Call 911 and stay with the person

LiUNA!

Northwest Region

Feel the Power

THIS MUST CHANGE

Construction has the highest number of suicides and the highest suicide rate



Help is Within Reach



INFORMATION & RESOURCES AT
preventconstruction suicide.com



THE NATIONAL SUICIDE PREVENTION LIFELINE AT
1.800.273.TALK (8255) or
suicidepreventionlifeline.org

CRISIS TEXT LINE |

TEXT HELLO TO 741741
Free, 24/7, Confidential
crisistextline.org

Recognize the Warning Signs

- ◆ Talking about feeling trapped
- ◆ Saying they want to die
- ◆ Feeling like they are a burden to others
- ◆ Expressing hopelessness or helplessness
- ◆ Conflict or confrontations with co-workers
- ◆ Increased tardiness or absenteeism
- ◆ Decreased productivity and problem solving
- ◆ Near misses, hits or other safety incidents
- ◆ Misusing drugs or alcohol
- ◆ Acting anxious, agitated or reckless
- ◆ Withdrawing from social groups and interactions
- ◆ Extreme mood swings
- ◆ Relationship issues
- ◆ Major life changes
- ◆ Loss of a loved one
- ◆ Financial difficulties
- ◆ Illness or injury

LiUNA!

Northwest Region *Feel the Power*

The Lifeline
is **FREE**,
confidential, and
always available.

HELP
a loved one,
a friend,
or yourself deal
with trauma.

Community crisis centers
answer Lifeline calls.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
www.samhsa.gov

Printed 2007 • Reprinted 2011
CMHS-SVP-0155

NATIONAL
SUICIDE
PREVENTION
LIFELINETM
1-800-273-TALK (8255)

suicidepreventionlifeline.org

Having
Trouble
Coping?

Having Trouble Coping?

After a traumatic event, problems may come and go. It's important to know when to ask for help. Please call us if you or someone you know is experiencing any of the following problems, especially if a problem is making it hard to get through the day or is getting worse.

- ♦ Eating or sleeping too much or too little
- ♦ Pulling away from people and things
- ♦ Having low or no energy
- ♦ Feeling numb or like nothing matters
- ♦ Having unexplained aches and pains
- ♦ Feeling helpless or hopeless
- ♦ Smoking, drinking, or using drugs more than you should
- ♦ Feeling unusually confused or forgetful; on edge, angry, or upset; or worried and scared
- ♦ Fighting with family and friends
- ♦ Unable to get rid of troubling thoughts and memories
- ♦ Thinking of hurting or killing yourself or someone else
- ♦ Unable to perform daily tasks like taking care of your kids or getting to work or school

Call the Lifeline at 1-800-273-TALK (8255)
(en español, 1-888-628-9454)

With Help Comes Hope

LiUNA!

Northwest Region

Feel the Power

1-800-273-TALK (8255)

Help for crisis or suicide prevention is a call or text away. It is free, confidential, and always available.



**SAFEBUILD
ALLIANCE** 

Text HELLO to 741741

Resources

Prestamos Servicios En Español
1-888-628-9454

Algunos datos sobre la Red Nacional de
Prevención del Suicidio

- Las llamadas son gratuitas desde cualquier teléfono en los Estados Unidos.
- Nuestras líneas funcionan las 24 horas todos los días de la semana, de modo que usted puede ponerse en contacto con una persona capacitada en cualquier momento en que lo necesite.
- Su llamada es confidencial; esto significa que la persona que le escucha hará todo lo posible por no divulgar su identidad.
- Prestamos servicios en inglés (1-800-273-8255) y en español (1-888-628-9454)
- Somos la única red nacional de respuesta a situaciones de crisis con financiación del Gobierno Federal.



Resources

For Indigenous Communities:

Call the Lifeline anytime, 24/7
1-800-273-8255 (TALK)

Indian Health Services
1-800-225-0241
www.ihs.gov

We R Native
Text NATIVE to 97779
wernative.org/ask-your-relatives

SAMHSA - Tribal Affairs
Substance Abuse and Mental Health Services
Administration
240-276-0641
otap@samhsa.hhs.gov

**American Foundation for Suicide
Prevention**
1-888-333-AFSP (2377)

Center for Native American Youth
202-736-2905



LiUNA!

Northwest Region *Feel the Power*

There has been some updates to Suicide prevention around the nation

New national number **988**

- Can call and/or text
- Washington State callers now have the option of pressing "4" to connect with a specialized Native American trauma counselor who is trained on things such as intergenerational abuse and traditional Native American medicines and practices. The hotline is staffed by 13 counselors from Washington and other states.

Questions

mbrady@liunanroc.org
lragan@lecet.org

Email us for swag, mental health
packets